

Hold Harmless Agreement & Waiver
2013 Lake Norman Excursion
July 13, 2013

I, the undersigned, hereby volunteer to participate in the 2013 Lake Norman Excursion and agree that The American Red Cross (ARC), Cool Breeze Of Lake Norman, LLC (CBLKN), or any of our sponsor's, shall not be either responsible for nor legally liable for any losses of property or personal injury suffered in conjunction with any activities of the 2013 LKN Excursion. I hereby waive all claims against ARC, CBLKN, sponsors, or any personnel from any and all liability arising out of any injury to person or property, and any other loss, damage, or expense arising out of my participation in, or any activity associated with this event. I understand bicycling is a physically challenging sport with the risk of accident or injury. I am in the proper physical condition to participate in this event. I am sufficiently competent at cycling to handle various road conditions and my bicycle is in safe operating condition. I will wear a helmet at all times. I give my consent for ARC and CBLKN to use photographs taken of me on the 2013 LKN Excursion. Should it be required during the LKN Excursion, I authorize medical treatment by a qualified medical professional.

Name (Please Print) _____

Participant Signature _____ Date: _____

License Plate Number _____

In Case of Emergency, please notify:

Name: _____ Phone: _____

RIDER #